

# DR. NABIL MITRY

## PROFESSIONAL TITLE:

- **Professor of Urology**  
King Faisal University, Saudi Arabia, 1981-1986
- **Consultant Surgeon Urologist**  
International Hospital of Bahrain, 1989-2017
- **Consultant Surgeon Urologist, Medical Director and Senior Surgeon**  
Manchester Clinic, Dubai, 1989-2017
- **Senior Surgeon Urologist Medical Director/Owner**  
British Urology Day Surgical Centre, 2017-Present

## EDUCATION:

1963

**G.C.E.**

(Math, Biology, Physics, Chemistry, Arabic, English, French)

Abbassia Secondary School, Cairo

1964

**P.N.S (A LEVELS)**

(Zoology, Botany, Physics, Organic & Inorganic Chemistry)

College of Science, Cairo University

- 1969                      **MB. Bch.,**  
Faculty of Medicine  
Cairo University
- 1978                      **M.R.C.S**  
Royal College of Surgeon,  
London, United Kingdom
- 1978                      **F.C.R.S, Ed**  
Fellow of the Royal College of Surgeons,  
Edinburgh, United Kingdom

## **EMPLOYMENT RECORDS:**

- 2017 - Present : BRITISH UROLOGY DAY SURGICAL CENTER  
Senior Specialist Urologist/General Surgeon  
Medical Director /Owner
- 2007-Present: THE PRIVATE CLINIC (former Manchester Medspa)  
Specialist Urologist/ General Surgeon  
Partner
- 1989-2017: MANCHESTER CLINIC DUBAI, UAE  
Consultant Urologist/ General Surgeon  
Senior Surgeon  
Medical Director  
Director of Lithotripter & Laser Unit  
Chief Medical Staff
- Oct 1994- Present: VISITING CONSULTANT SURGEON / UROLOGIST  
American Hospital, Dubai, UAE  
International Modern Hospital

Emirates Hospital, Dubai, UAE

Belhoul Hospital, Dubai, UAE

Medcare Hospital, Dubai, UAE

- Sept'89 - Sept'94: MEDICAL INTERNATIONAL SPECIALIST CENTER, Dubai, UAE  
Specialist Urologist/ General Surgeon  
Medical Director
- 1986- Aug 1989: INTERNATIONAL HOSPITAL OF BAHRAIN  
Consultant General Surgeon / Urologist  
Head of Department of Urology  
Bahrain
- Aug'86 - July'86: UNIVERSITY OF SOUTH MANCHESTER, United Kingdom  
Visiting Consultant Urologist  
Professor Norman Blacklock (O.B.E.) Unit  
Department of Urology
- Locum Consultant Urologist  
Sept 1986  
Ashton-u-lynn General Hospital  
Lancashire, UK
- Jun'81 - July'86: MEDICAL COLLEGE KING FAISAL UNIVERSITY, Dammam, Saudi Arabia  
Professor of Surgery / Consultant Urologist
- Jan'79 - May'81: REGISTRAR IN UROLOGIST Salford Royal Hospital  
(Teaching)  
Hope Hospital, University of North Manchester  
Royal Manchester Children's Hospital (Teaching)  
Teaching Group of Hospitals

University of North Manchester

- Jan '77 - Jan '79: ROTATING REGISTRAR  
GENERAL SURGERY - North Manchester General Hospital  
PAEDIATRIC SURGERY - Booth Hall Children's Hospital - Teaching  
Hospitals, University of North Manchester

## **VISITS AND CONTINUE MEDICAL EDUCATION:**

- New Trends in Antibiotic Treatment  
Dr. Robert Sunderland, UK  
Dubai, MAY 1993
- Focus on Fungal Infection  
Dr. Michal Ellis, UK  
Dubai, May 1993
- Dr. Dwarf and Dr. Deloume, Laser Training  
Brussels, Belgium, March 1993
- Hormone Replacement Therapy & Osteoporosis  
Prof. David Purdie  
Dubai, October 1992
- Laser Course and Workshop  
Charring Cross Hospital London  
April 1992
- Visit to the Urology Department  
University of South Manchester  
July 1991
- The Royal Free Hospital, Urology Department, Prostate Ultrasound,  
London. 1991
- Edinburgh Festival of Urology  
Edinburgh, UK. August 1992
- Visit to the Urology Department  
South Manchester University, August 1992
- The Fifth World Congress of Endourology and ESWL

- Cairo, Egypt. November 1-4, 1987
- Gynecology and Obstetrics Conference  
Abu Dhabi, UAE. November 18-21, 1989
- Second Middle East Medicare Conference  
Bahrain, October 23-26, 1989
- Cairo University, Urology Department, Lithotripter Centre  
Cairo, Egypt 1989
- 1st Middle East Medicare Conference  
Bahrain, October 12-15, 1987
- First Overseas Scientific Meeting of Fellows of the Royal College of Surgeons  
in Ireland in association with the Ministry of Health, Bahrain and the  
Bahrain Medical Society. Bahrain, March 16-17, 1988
- Duesseldorf University Klinik, W.G 1987
- Prof N. Blackout Unit, South Manchester University  
Manchester, UK . 1986-1987
- Prof. Eisenberger Unit. St Katerina Hospital  
Stuttgart W.G, 1985
- Mr. J Wickham London 1985  
Devonshire Hospital, London 1985
- International Society of Urology Vienna - June 1985
- Chapter of Surgeon, Singapore - November 1984
- Institute of Urology, Mr. Pryor, London - July 1984.
- Royal College of Surgeon, Dublin Ireland - April 1984
- Prof. Gittis, Brigham Bent Hospital, Harvard Medical School, Boston , USA  
July 1983

## **PUBLICATIONS & PRESENTATIONS:**

- Sexual Dysfunction State of the Art Lecture for Urologist and the Gulf  
sponsored by Pfizer, Dubai, UAE, April 2004
- The Anniversary of Viagra as State-of-the-Art Lecture, Dubai-UAE, 2003
- Men Health above 50 presentation to the Rotary Club, Dubai, March 2003
- Anti-Smoking campaign, November 2003

- Member of the advisor committee meeting, Lily, Vienna, Geneva, January 2003.
- Executive meeting of the Advisory Pfizer committee for Middle East & Gulf Pfizer, Vienna, February 2002
- The Launch of Viagra in Dubai, Pfizer, 2001
- Sexual Dysfunction – Modern trends Presented to Local Doctors Manchester Clinic – Dubai, November 1999
- The State-of-the-Art Lecture Viagra – One year experience Organized by Pfizer – Dubai, April 1999
- 2nd Continental Meeting African Society of Impotence Research ASIR, Cairo-Egypt, 10th –12th February 1999
- The State-of-the-Art Lecture Modern Trends in the Management of Sexual Dysfunction, The African Society of Impotence Research – Cairo, February 14-16, 1999
- A New Lithotripter Postal Presentation World Meeting of the Royal College of Surgeons of Edinburgh Cape Town, South Africa, February 21-24, 1999
- The use of Laser in Hemorrhoidectomy Dubai-April 1997
- Management of the Urinary Tract Infection Dubai- November 1994
- The Manchester Clinic Experience in using CO2 Laser Dubai – November 1994
- Laser Surgery Lecture Presented to Sharjah Medical Society, Al Zahra Hospital, 1993
- Management of Urogenital Malformation Lecture presented to Post Graduate Doctors, Al Zahra Hospital Sharjah, UAE- June 1992
- Management of Urethral Trauma Presented at the 2nd USE Trauma and Intensive Conference Dubai, UAE – February 18-22, 1990
- Management of Erectile Dysfunction Video Film on Penile Implant, presented at Gulf States Urological Association Seminar, Dubai, UAE – 1989
- New Trends in the Management of Obesity The use of intragastric balloon, 2nd Medicare meeting Bahrain, October 22-26, 1989
- Duplication of the Colon & Genito-Urinary Tracts Management of a Case and Review of Embryogenesis – G. Magbool, N. Mitry, C. Grant, M. Khawaja & Bilgintaran. Journal of the Royal College of Surgeons, Edinburgh, Vol. 23 – June 1988

- The use of CT Scan in Urological Practice Presentation of 1st Medicare Meeting
- The Challenging Management of Intersex Presentation of First Medicare meeting Bahrain, October 12-15, 1987
- New Trends in the management of Urinary Calculi Endourology and ESWL, presented at the Bahrain Medical Society Bahrain, 1987
- Giant Bladder Diverticulum: An unusual presentation by S. Taha, M.Satti, N.Mitry, H. Al Idrisi & E. Ibrahim British Journal of Urology, Page 726– 727, 1986
- Testicular Schistosomiasis N. Mitry, M. Satti, D. Al Tamimi and B. Matawa British Journal of Urology, Page 726 to 727 1986
- Urinary Stone Composition in the Eastern Provinces of Saudi Arabia Presented by N. Mitry, S. Taha, A. Kundson, A. Kader, B. Kamal at the 20th Congress of the International Society of Urology, Vienna, 1985.
- The value of CT in staging Hodgkin and Non-Hodgkin's Lymphoma and Its Role in Assessment of Therapy Outcome – Poster presentation. Presented by N. Mitry, E. Tharhir, A. Yousif, S. Taha, H. Al Idrissi Conference of Clinical Oncology – Stockholm, Sweden 1985
- The experience of King Fahad University Hospital in Management of Intersex Presented by N. Mitry, S. Taha, A. Shorya, K. Magboul, Bilgentorna, M. Al Jeshi, 3rd Saudi Urological Meeting, 1985
- Zospermia and Infertility Presented by N. Mitry, S. Taha, B. Kamal, A. Shorya, A. Kader 3rd Saudi Urological Meeting, 1985
- The management of Fractured Penis Presented by N. Mitry, S. Taha, A. Shorya 3rd Saudi Urological Meeting, 1985
- The Pattern of Urinary Calculi in the Eastern Province of Saudi Arabia Presented by N. Mitry, S. Taha, S. Al Mohay, A. Kader
- Semen Analysis in Infertile Men at King Fahad University Hospital Presented by N. Mitry, S. Taha, I. Shenibar, Al-Ali, A. Awad Proceeding of the 8th Saudi Medical Conference, 1984
- The Pattern Of Urinary Calculi in the Eastern Province of Saudi Arabia Presented by N. Mitry, S. Taha, A. Kader, G. Hindi Proceeding of the 8th Saudi Medical Conference, 1984
- The Value of CT Scan in the Management of Intra-abdominal Lesions

Presented by N. Mitry, H. Al Breiki, M. Hakky Proceeding of the 8th Saudi Medical Conference, 1984

- Structure and Objectives of the Tumor Registry system of the Eastern Province Presented by N. Mitry, E. Ibrahim, H. Al-Idrissi, A.W. Ibrahim Proceeding of the 8th Saudi Medical Conference, 1984
- Benign Prostatic Hypertrophy is an Uncommon Disease in Saudi Arabia Presented by Dr. N. Mitry, S. Taha, Al-Sohemi, B. Kamal Presented at the Annual Meeting of the Irish Society of Urology, Dublin, 1984
- The Value of CT Scan in Urology Presented by N. Mitry, S. Taha, E. Ibrahim, T. Primar Presented at the 4th Overseas Meeting of the Royal College of Surgeons, Edinburgh and the 8th Annual Surgical Meeting of the Chapter of Surgeons Academy of Medicine, Singapore, 1984
- Spinal Cord Compression due to Intrathoracic Extramedullary Haematopoiesis in Homozygous Thalassaemia, Uk Presented by N. Mitry, A.W. Ibrahim, A. Abdul Safir, A. Kuba Journal of Neurology, Neurosurgery and Psychiatry, Vol.46, Pages 780- 782, 1983
- Clean, Intermittent Self Catheterization Presented by N. Mitry, J.B. Garland 7th Saudi Medical Meeting, Pages 667-668, 1982
- Spontaneous Rupture of the Penis Presented by N. Mitry, M. Hejazy Saudi Medical Meeting, Pages 667-668, 1982 ABSTRACT Medical Editor to Al Arosa Magazine, Dubai, United Arab Emirates from 1991 to 1995. Wrote many articles for Newspaper and Local Magazines in Saudi Arabia, Bahrain, and Dubai.

## **PIONEERED:**

- First Lithotripsy in the private sector (ESWL), Dubai.
- First to perform Penile Implant Surgery for treatment of impotent in UAE , 1989.
- First to introduce Laser Surgery in conventional surgery in UAE, 1991 .



- First to introduce L. P. G machine for treatment of cellulite and lymphatic edema, Dubai.
- First to use Ozone Therapy and Colonic Irrigation in the private sector, Dubai.
- One of the first to introduce the Laser Hair Removal in UAE.
- Pioneer in Gastric Balloon for Morbid Obesity in Bahrain.
- First to use and introduce Microwave Hyperthermia for treatment of prostatic disease in Dubai, UAE, 1992.

## **MEMBERSHIP AND FELLOWSHIP:**

- Fellow of the Royal College of Surgeons of Edinburgh.
- Member of the Royal College of Surgeon - London.
- Member of the International Society of Urology.
- Member of the European Urology Association.
- Associate member of the Irish Society of Urology
- Member of the Saudi Urologist
- Member of Gulf Urology Association
- Member of the Emirates Urology Society